



London Borough  
of Hounslow

## Swim School

### Learn to swim with us

Fusion are working in partnership with the Amateur Swimming Association to provide swimming lessons for all ages. The programme is based on the National Plan for Teaching Swimming which aims to provide consistency throughout one programme at all centres in Hounslow.

All instructors are qualified and class sizes work to recommended ratios. Each session lasts 30 minutes unless otherwise stated.

Make the most of this special Swim School booking offer and win a year of Swim School for free.

#### Prize Draw Terms and Conditions:

- Offer expires 24th April 2011.
- To enter free prize draw your Swim School booking must have been made before 24th April 2011.
- Prize draw will be made 31st May 2011.
- Prize draw is limited to participating leisure centres as listed.
- Swim School places will be subject to availability.
- One winner will be drawn from each participating leisure centre.
- Prize draw is for Swim School term course only and does not include any associated items.



Book onto our swimming lesson programme before 24th April 2011 and you will be entered into a FREE PRIZE draw to win a year of swimming lessons for free.

Swimming lessons take place in the following leisure centres;

- New Chiswick Pool
- Isleworth Leisure Centre and Library
- Hanworth Air Park Leisure Centre and Library
- Brentford Fountain Leisure Centre
- Heston Pool



Visit our new look website at  
[www.hounslow-leisure.com](http://www.hounslow-leisure.com)



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# The London Youth Games 2011

Finals on Saturday 2nd July and Sunday 3rd July 2011  
Qualifying Rounds May/June 2011

Over 30 different events including:

Football • Swimming • Netball • Athletics • Gymnastics • Basketball  
Table Tennis • Fencing • Canoeing • Badminton • Diving • Squash  
Angling • Archery • Judo • Indoor Rowing • Hockey • Cycling • Tennis  
Triathlon/Aquathon • Trampolining • Volleyball • Weightlifting • Girls Rugby

For further information, please contact the Sports Development Team on 0845 456 2856 / 57\*

\*Calls from BT max 5ppm, other providers may vary.



# The London Youth Games 2011

## What is the London Youth Games?

Each year over 25,000 young Londoners take part in the games in over 30 different sports. This is a fantastic opportunity to represent your Borough in the largest sporting event in Europe. This event mainly caters for secondary schools pupils however there is a mini games competition for primary school children in years 5 and 6 and pupils are nominated via their schools for this event.



## Design Hounslow's London Youth Games T-shirt for next year!!

The winner will receive a **FREE Family Membership** valid for 6 months at all Hounslow Leisure Centres.

We are giving all children from school years 5 to 13, that live or go to school in Hounslow, the opportunity to design the front of next year's London Youth Games T-shirts. Please send in your designs on a sheet of A4 paper, using a maximum of 3 colours. We are looking for a fun, simple and eye catching design that can be used for years to come.

The final design may have to be modified in line with the London Borough of Hounslow marketing guidelines, however we will endeavour to preserve the integrity of the winning design.

Please send all your entries to the Sports Development Team at Chiswick Town Hall, Heathfield Terrace, Turnham Green, Chiswick, W4 4JN.

Closing date for entries Friday 10th June 2011.

## Hounslow Trials

Trials will be held for all sports if necessary and competitors are expected to be of a reasonable standard and be competent in their chosen sport. You are allowed to try out for more than one sport but for the actual competition you may have to choose if the competition dates clash.

To enter the trials simply get your parent/guardian to complete and sign the parental consent form on the page opposite, and indicate which sports you would like to trial in. Please make sure you are within the age ranges, live or go to school in the Borough of Hounslow and are of a reasonable standard.

Then send the form back to:  
Community Sports Development Team,  
Chiswick Town Hall, Heathfield Terrace,  
Turnham Green, Chiswick, W4 4JN

**Please make sure all the sections of the parental consent form are completed and returned by 22nd April 2011 (please call if you've missed this deadline as some sports have later entry deadlines).**

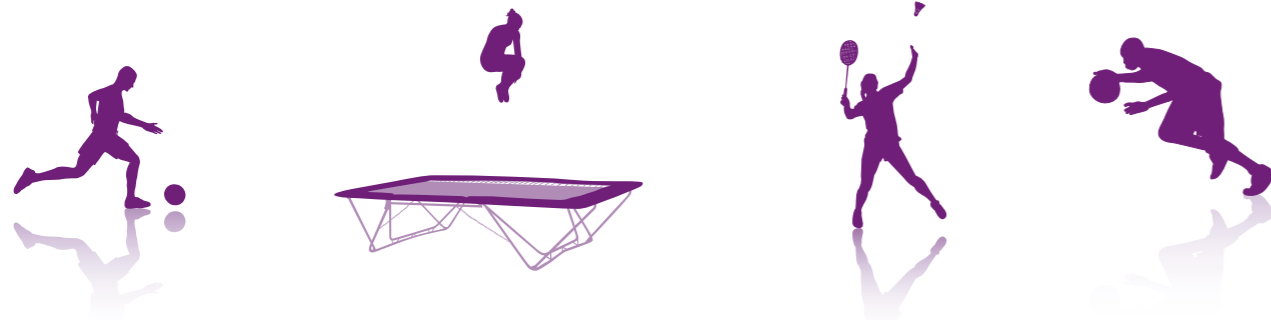
You will then receive details of the trials that you have expressed an interest in and details of all trials will be listed on our website [www.hounslow-leisure.com](http://www.hounslow-leisure.com). A squad will be selected from these trials and will train together in the run up to the competition. This is a fantastic opportunity for you to improve your skill level. Further details of this training will be given to the successful trialists.

## The Competition

The competition format is unique to each sport. Most teams will have qualifying rounds with the successful teams going on to the finals weekend. Individual sports may be run in a slightly different format of a one day competition. Details of each sport's competition will be available at the trials.

The finals weekend is held at Crystal Palace National Sports Centre on 2nd and 3rd July 2011.

For further information, please contact the Sports Development Team on **0845 456 2856 / 57**.



# The Events

Please tick chosen sport	Age	Competition Dates
<input type="checkbox"/> Angling	School Year 12 or under	28th May
<input type="checkbox"/> Archery	School Year 12 or under	2nd July
<input type="checkbox"/> Athletics	School Years 8 and 9	3rd July
<input type="checkbox"/> Badminton	School Year 12 or under	11th June and 2nd July
<input type="checkbox"/> Basketball – Boys	School Year 12 or under	29th May and 2nd July
<input type="checkbox"/> Basketball – Girls	School Year 12 or under	28th May and 2nd July
<input type="checkbox"/> Canoeing – Kayak Slalom	School Year 12 or under	4th June
<input type="checkbox"/> Canoeing – Kayak Sprint	School Year 12 or under	4th June
<input type="checkbox"/> Cycling	School Year 12 or under	2nd July
<input type="checkbox"/> Diving	School Year 12 or under	3rd July
<input type="checkbox"/> Fencing	School Year 12 or under	12th June
<input type="checkbox"/> Football – Boys	School Years 8 or 9	2nd July
<input type="checkbox"/> Football – Girls	School Year 9 or under	3rd July
<input type="checkbox"/> Girls Tag Rugby	School Year 9 or under	2nd July
<input type="checkbox"/> Gymnastics F&V (Tier 1)	School Years 4 - 13	11th June
<input type="checkbox"/> Gymnastics F&V (Tier 2)	School Years 4 - 13	12th June
<input type="checkbox"/> Hockey – Boys	School Year 9 or under	12th June and 3rd July
<input type="checkbox"/> Hockey – Girls	School Year 9 or under	11th June and 2nd July
<input type="checkbox"/> Indoor Rowing	School Years 7 - 11	3rd July
<input type="checkbox"/> Judo	School Years 7 - 12	18th June
<input type="checkbox"/> Netball	School Year 9 or under	2nd July
<input type="checkbox"/> Rowing	School Years 7 - 12	4th June
<input type="checkbox"/> Squash – Boys	School Year 12 or under	11th June and 3rd July
<input type="checkbox"/> Squash – Girls	School Year 12 or under	11th June and 3rd July
<input type="checkbox"/> Swimming	School Year 12 or under	2nd July
<input type="checkbox"/> Table Tennis – Boys	School Year 11 or under	11th June and 3rd July
<input type="checkbox"/> Table Tennis – Girls	School Year 11 or under	11th June and 3rd July
<input type="checkbox"/> Tennis	School Year 12 or under	11/12th June and 3rd July
<input type="checkbox"/> Trampoline	School Year 12 or under	18th June
<input type="checkbox"/> Triathlon – Aquathlon	School Years 7 - 11	3rd July
<input type="checkbox"/> Volleyball – Boys	School Year 13 or under	5th June and 2nd July
<input type="checkbox"/> Volleyball – Girls	School Year 13 or under	4th June and 2nd July
<input type="checkbox"/> Weightlifting	School Years 9 - 13	3rd July

**Competitors are expected to be of a reasonable standard and competent in their chosen sport**

# Parental Consent Form

## Competitor Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Competitor's Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Postcode: \_\_\_\_\_  
 School Year: \_\_\_\_\_ Male / Female (Please Circle)  
 School: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_  
 Email: \_\_\_\_\_

## Contact Numbers

Day: \_\_\_\_\_  
 Evening: \_\_\_\_\_  
 Mobile: \_\_\_\_\_

## Parent / Guardian Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Telephone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Please provide medical information relating to any medication, allergies, dietary requirements etc. your child may have:

\_\_\_\_\_

## Doctors Details

Doctors Name: \_\_\_\_\_  
 Doctors Tel: \_\_\_\_\_  
 Doctors Address: \_\_\_\_\_

## Ethnicity

White British       Mixed White & Black Caribbean  
 White Irish       Mixed White & Black African  
 White Other       Black Caribbean  
 Black African       Asian Indian       Asian Bangladeshi  
 Asian Pakistani       Mixed White & Asian       Asian Other  
 Chinese       Other       Mixed Other

## Parent / Guardian Consent Statement

My child is in good health and I consider him/her capable of taking part in the London Youth Games Training and Competitions 2011.

I have completed the medical details, and consent that in the event of any illness/accident, any necessary treatment can be administered to my child, which may include the use of anaesthetic.

I also understand that while Fusion staff / representatives and London Youth Games personnel will take every precaution to ensure that accidents do not happen, they cannot necessarily be held responsible for any loss, damage or injury suffered by my child.

Please note that to help promote the London Youth Games and its participants, official photographs may be taken during the training and the event. These photographs may be used for official London Youth Games and Fusion publicity or in the media.

If you DO NOT wish your child's picture to be PUBLISHED please tick this box

If you DO NOT wish your child to be PHOTOGRAPHED AT ALL please tick this box

Parent / Guardian Name: (BLOCK CAPITALS) \_\_\_\_\_

Signature of Parent / Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

## (OFFICIAL USE ONLY)

DATE RECEIVED:  
 INFORMED OF TRIAL: