



London Borough
of Hounslow

Further Information

For more information please contact us:

Lampton Sports Centre
Lampton Avenue
Hounslow
Middlesex TW3 4EP

www.hounslow-leisure.com

Telephone: **0845 456 6675***

* Calls from BT max 5ppm, other providers may vary

**Lampton
Sports
Centre**



London Borough
of Hounslow

Price & Booking Information



**Lampton
Sports
Centre**



	ADULT STANDARD £	STATUS CONCESSION £	ABILITY TO PAY £
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Sports Hall

Badminton / Short Tennis Per person, 60 minutes	3.75	2.55	1.15
Full Hall – 60 minutes Football, Volleyball, Basketball	43.75	26.25	N/A
Half Hall – 60 minutes	29.20	17.95	N/A
Equipment Hire (Deposit of £5)	1.50	1.50	1.50

Gym

Pay & Play Session	6.70	4.00	1.75
Pay & Play Induction	19.75	11.90	5.70
Pay & Play Programme	19.75	11.90	19.75

Fitness Classes

Fitness Class – 60 Minutes	6.30	4.70	1.70
Fitness Class – 30 minutes	3.75	2.25	1.55

Children's Sessions

Junior Basketball	N/A	3.00	N/A
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How to Book

You can book online at www.hounslow-leisure.com, over the telephone or in person at reception.

Members with booking rights can book 7 days in advance and pay at anytime before the booking takes place. Booking restrictions allow only 1 class/session and court per day, per member.

These can be booked 7 days in advance and the member booking the activity must take part.

Non Members can book 4 days in advance.

Payment must be made at time of booking.

Cancellation Policy

If you cancel any bookable activity, notification is requested at least 24 hours in advance or a charge will be payable (includes classes, inductions, crèche, sports hall and court hire etc.) Any activity not cancelled with 24 hours notice or not used will be charged at the full rate for all members.

Membership

Our membership scheme gives you unlimited access to a range of activities and facilities.

Payment options include Direct Debit, Prepaid and Pay and Play.

A range of discount schemes are available including Status Concession and Ability to Pay. Please speak to a member of staff for details.

Gym Opening Hours:

Monday to Friday	07:00 – 22:00
Saturday and Sunday	09:00 – 18:00
Bank Holidays	09:00 – 17:30

Sports Hall Opening Hours (term time)

Monday, Wednesday, Friday	18:00 – 22:00
Tuesday and Thursday	16:00 – 22:00
Saturday and Sunday	09:00 – 18:00

Sports Hall Opening Hours (holiday time)

Monday to Friday	09:00 – 22:00
Saturday and Sunday	09:00 – 18:00

The Sports Hall is also available for single use hire or multiple bookings, please call to find out more information.

